



RINGETTE

What is it ?



Background infos

- ✓ Ringette is a game invented by Canadians. It was first introduced in 1963 in North Bay, Ontario by Sam Jacks the Director of Parks and Recreation in North Bay
- ✓ Developed originally for girls and women, ringette is a fast-paced team sport on ice in which players use a straight stick to pass, carry, and shoot a rubber ring to score goals.





History

- ✓ Canadians invented this sport in the 1960's
- ✓ First European visit 1979 in Finland
- ✓ Finland and Sweden started out in 1980's
- ✓ 1990 first World Championship tournament in Gloucester Canada.
 - 92 in Helsinki Finland,
 - 94 in Minnesota USA,
 - 96 in Stockholm Sweden,
 - 2000 in Helsinki Finland,
 - 2002 in Edmonton Canada and
 - 2004 in Stockholm Sweden.
 - 2007 in Ottawa Canada
 - 2010 in Tampere Finland
 - 2013 in Canada





Background infos

- ✓ Ringette is played on a rink and there are five players plus goalie on the ice at the same time from each team.
- ✓ Ringette has no body contact and there is a need to cooperate to be able to move from one side to another
- ✓ Even though ringette is played on the same ice-surface as hockey and it is comparable in numbers, the similarities end there. More similar to basketball, soccer or lacrosse, ringette is a team sport with a different strategy





Background infos

- ✓ Competitions are quite the same as in many sports like soccer, basketball, volleyball, etc. Series, tournaments, cups and so on. International competitions are usually tournaments.
- ✓ There are number of different agegroups in most countries. These are the Canadian agegroups:
 - Bunnies 7 years and under
 - Novice 9 years and under
 - Petite 11 years and under
 - Tween 13 years and under
 - Junior 15 years and under
 - Belle 18 years and under
 - Open 19 years and over





Finnish agegroups

- G-juniors 8 years
- F-juniors 10 years
- E-juniors 12 years
- D-juniors 14 years
- C-juniors 16 years
- B-juniors 19 years





Juniors





International play

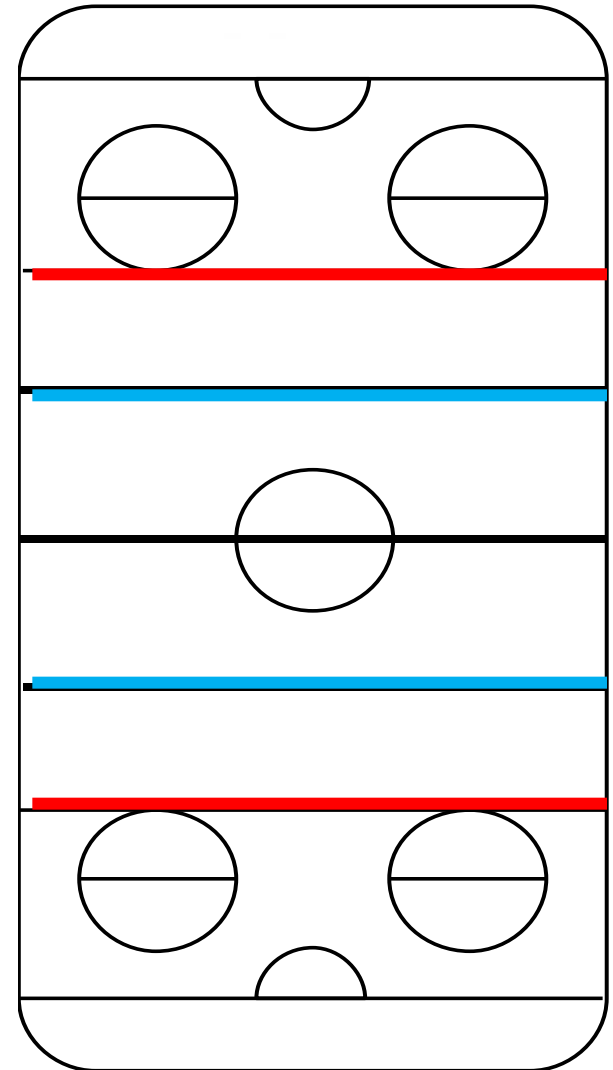
- ✓ Ringette is played actively in Sweden, USA, Finland and Canada. New programs are starting out in Russia, France, Czech Republic and Slovakia.
- ✓ International Ringette federation – IRF
- ✓ World Ringette Championships every 2 years
- ✓ World Club Championships every 2 years
- ✓ U-19 World Ringette Championships every 2 years
- ✓ Ringette Festivals every year





Rules

- ✓ Free pass
- ✓ 5 skaters + 1 goalie
- ✓ Blue Lines
- ✓ Goalie crease
- ✓ Ringette line
- ✓ 30 s shot clock
- ✓ No intentional body contact is allowed (similar to basketball)
- ✓ 4 x 15 minutes





Equipment

- ✓ Sticks
- ✓ Skates
- ✓ Helmet + face protector
- ✓ Gloves
- ✓ Pants
- ✓ Knee/shin- and elbowpads
- ✓ Goalies usually use icehockey equipment

